A Human Relations Weekend for High School Students

What is it?

*Building Bridges* is a unique three-day residential program that addresses the impact of diversity on our schools. *Building Bridges* promotes self-respect, mutual respect and valuing diversity. Students participate in interactive exercises, activities and dialogue sessions intended to increase their understanding of diversity and of their personal responsibility in creating an inclusive school and neighborhood community.

Who can apply?

Students who are in the 9th, 10th, 11th, or 12th grade may apply to attend *Building Bridges*. While students with physical and emotional challenges are encouraged to attend, they should be capable of participating in a program that challenges them to discuss their attitudes and experiences about prejudice, bigotry and racism. The facility is wheelchair accessible.

What will I do while I am there?

First, you will make new friends, and you will have fun. You will also talk about diversity-related issues and how they influence your school environment and what you can do to make things better. You will participate in activities that focus on team building, communication, stereotyping, prejudice, leadership and developing action plans to build a respectful school community on your campus.

What does it cost?

There is a $5.00 non-refundable application-processing fee and a $20.00 program fee. This $25.00 charge includes transportation, insurance, lodging, meals, group photo and sweatshirts for all students. There are a limited number of camperships available on a first come first serve basis – please see your campus recruiter for more information.

Return completed applications to your Campus Recruiter As Soon As Possible
Information for Parents/Guardians

Who is CCEJ?
The California Conference for Equality and Justice (CCEJ), formerly known as The National Conference for Community and Justice (NCCJ) is a human relations organization dedicated to eliminating bias, bigotry and racism in America. CCEJ breaks down the distance between people by promoting understanding and respect among all races, religions and cultures through education, conflict resolution and advocacy. CCEJ has been providing the Building Bridges program to southern California school districts since 1987.

Why should my child attend?
Your child will have an unforgettable learning experience. They make new friends while developing their leadership and communication skills. They will learn about mutual respect for others and how to take personal responsibility for their own actions and how their behavior influences their own life, their school and the world they live in.

How many people will be attending?
There will be approximately 150 people per program, which includes 100 student campers, 24 youth leaders/mentors, and 26 adult staff.

Housing and Meals
Building Bridges is held at Pilgrim Pines Camp and Conference Center, in the San Bernardino Mountains. Lodging is in heated 12 person, sex separate, cabins equipped with beds, storage and restrooms. Meals are served three times a day and snacks are provided.
Return this application to your campus recruiter

Building Bridges Youth Human Relations
Residential Program

Application

Today’s Date: __________________ Have you attended Building Bridges before? _________

Name: __________________________________________________ Date of Birth: _____________

Address: __________________________________________________

___________________________________________________________

City: __________________________________________________ State: _____ Zip Code: __________

Applicant’s Phone #: ___________________ Alternate Phone #: ___________________

Email ___________________________ School: __________________________

School Recruiter(s): __________________________________________

Grade level: 9 10 11 12 Gender Identity: M F or ______________________

Are you vegetarian? Yes No

Sweatshirt size: S M L XL XXL XXXL+

In order to ensure that Building Bridges is as racially and ethnically diverse as possible, please let us know which racial affinity group best describes you.

Asian/Pacific Islander/Middle Eastern/South Asian Latino(a)/Hispanic/Native American/American Indian

Black/African American White/Caucasian/European American

Bi/Multi Racial (Please describe):

_________________________________________________________________

Why do you wish to attend Building Bridges?

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

_________________________________________________________________

How did you hear about Building Bridges? ___________________________________
Medical Information – Confidential

Name: __________________________ Date of Birth: __________________________
Name of parent/guardian: __________________________ Home Language: ________________
Parent/guardian work phone: ( ) __________________________ Home: ( ) ________________

If the above person is not available in an emergency:
Name of person to be contacted: __________________________ Phone: ( ) __________________________
Relationship to student: __________________________

Name of person to be contacted: __________________________ Phone: ( ) __________________________
Relationship to student: __________________________

Parent/Guardian must complete the following information:
1. Does the student have physical limitations which will restrict participation at the campsite?
   Yes _____ No _____
2. Will the student be taking any prescribed medication during participation at the campsite?
   Yes _____ No _____

IMPORTANT!* If you answered Yes to question number 2 please indicated below what medication the
program participant will be taking, dosage and medication instruction(s): __________________________
___________________________________________________________________________________

3. Is the student presently undergoing professional counseling or therapy? Yes ______ No ______
   *If you answered yes to Question number 3 has this program participant been cleared to participate in this
   program Yes _____ No _____, if no why __________________________

4. Does the student have any of the following? (Check all that apply)
   ___ Convulsive disorder ___ Heart problem ___ Hepatitis
   ___ Musculo-skeletal disorder ___ Neurological disorder ___ Diabetes mellitus
   ___ Skin infection ___ Asthma ___ Otitis media
   ___ Pulmonary disorders ___ Allergy ___ HIV positive
   ___ Pregnant ___ Other medical conditions the medical staff should be aware of: __________________________

   *If you answered check any of the medical conditions stated above has the program participant been
cleared to participate in this program Yes _____ No _____, if no why __________________________

5. I authorize my child to have patent-type medicines such as Tylenol, antihistamines, cough syrup,
nasal spray, etc. If “no” is checked, your child will not be given these medications.  ____Yes _____ No _____

IMPORTANT!* If you answered, “yes” to any of the above questions or check any of the boxes, please
give details and any specific instructions regarding the student’s limitations, special diet, medication, etc._

Insurance Information
Name of parent/guardian carrying insurance: __________________________
Name of insurer: __________________________ Family Doctor: __________________________
Group Number: __________________________ Policy Number: __________________________
Address: __________________________

Emergency Release Agreement
In the event of an accident or illness which requires emergency medical care, I give my permission to the attending
licensed nurse and/or physician to order such medical attention as may be deemed necessary for the health and safety
of my child (or the person for whom I am a legal guardian).

I have provided phone numbers and other pertinent information so that the camp staff may notify me immediately in
case of an emergency. The medical information provided above is complete and accurate to the best of my knowledge.

Pursuant to Education Code 35330, I/we declare that I/we are the parent(s) and/or guardian(s) of:
(Name of participant) __________________________, a minor and hereby waive all claims against the
School District, its officers and employees and CCEJ for injury, illness, or death occurring during or arising out of the
educational weekend from participant’s campus to camp site from these dates: __________________________

Parent/Guardian Signature: __________________________ Date: __________________________

Return this application to your campus recruiter
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Building Bridges Youth Human Relations
Residential Program

Parent/Guardian Consent Form

Please Read Carefully and Sign

1. I understand that the Building Bridges Youth Human Relations Residential Program is intensive and deals with mature subject matter. I understand that program topics will include self-esteem, stereotypes, prejudice, interpersonal communication, racial identity, racism, culture and community issues and institutional and personal power.

2. I understand that youth that participate in the weekend learning activities and discussions may find it to be an emotional experience. As they learn, students may experience confusion, anger, joy, sadness, frustration and hope throughout the three days. I assure you that my son/daughter has no mental or emotional problems and is capable of handling the subject matter and emotional nature of this program.

3. I understand that should my child reveal that they are in danger of hurting themselves, in danger of hurting others, or are in danger of being hurt by someone else CCEJ & school district staff, are mandated by law to report any incidence of danger to the county Department of Children and Family Services.

4. If the Program Director must send my child home for violation of the program behavior guidelines and rules or any acts that may cause harm to themselves or others, I agree to pick up my child within four hours of the director’s call. I understand that I may be called at any time of the day or night and will pre-arrange for my child’s transportation home. Failure to comply may result in a report being filed with the appropriate law enforcement office.

In the event that I am not able to personally pick up my child, I give permission to the following to pick up my child:

Name of designated person: ____________________________________________

Relationship to child: ________________________________________________

Daytime Phone: ___________________________ Evening Phone: ________________

Parent/Guardian Signature: ____________________________________________

5. I have read and fully understand and agree with all the enclosed documents in this packet.

Parent/Guardian: __________________________________________ Date: __________

Print Name

Parent/Guardian Signature: ____________________________________________

Daytime Phone: ___________________________ Evening Phone: ________________

Applicant: ______________________________ Date: _________________________
Return this application to your campus recruiter

Building Bridges Youth Human Relations
Residential Program

Behavior Guidelines and Rules Agreement

A basic code of behavior is needed for any group of people to live comfortably together. These guidelines are kept at a minimum, and they are a reflection of concern for the rights and safety of others. This is a school district sponsored activity and the same standards that apply in school apply at Building Bridges.

1. I will not bring or use any illegal drugs or alcohol.
2. I will not bring or use tobacco or cigarettes.
3. I will not bring any weapons, radio, CD/MP3 players and/or video game equipment.
4. I will not engage in public displays of affection or sexual activity.
5. I will not gamble.
6. I will not wear gang attire or show affiliation with a gang.
7. I will not wear clothing/hats with school logos.
8. I will wear close-toed shoes (not sandals) at all times.
9. I will wear my nametag at all times.
10. I will attend and arrive on time for all meetings and meals. I will not use my cell phone during program hours.
11. I will remain within the Camp Site boundaries at all times unless accompanied by an adult staff member and excused by the camp director.
12. I will be in my cabin at curfew and remain there until the morning wake up bell.
13. I will turn in all medications to the medical staff.
14. I will abide by the separate rules set by the Camp Site Director.
15. I will pay for any damages to the facility for which I am responsible.
16. I agree that CCEJ may use any photographic recording of me for publicity purposes.
17. I understand that violating any of these rules may result in immediate dismissal from the program at the discretion of the CCEJ Director. If I am dismissed, school district administrators will be notified and my parents will be responsible for picking me up within four hours of the CCEJ Director’s call.

Participate with openness and respect for all people and situations and the rules will fall into place. HAVE A GREAT WEEKEND!

Parent/Guardian Signature: ___________________________ Date: _______________________

Applicant Signature: ________________________________ Date: _______________________


Release of Liability - Assumption of Risk

1. I, ____________________________, am aware that The California Conference for Equality and Justice (CCEJ) program and/or related activities (the "Program" or "Activity") in which I am voluntarily participating may involve danger and risk of injury or death. I voluntarily elect to accept all risks connected with my participation.

2. I release The California Conference for Equality and Justice (CCEJ) its officers, directors, insurers, staff, personnel, volunteers and employees (collectively referred to as "RELEASEES") from any and all claims, loss, liability or expense arising out of any wrongful or negligent acts or omissions on the part of RELEASEES or any other person or failure or malfunction of any equipment. I agree that this Release shall apply to any incident, injury, accident or death associated with the Activity on the date below. I hereby covenant to hold RELEASEES harmless and indemnify RELEASEES for any claim, loss, liability or expense RELEASEES may incur arising out of the Activity.

3. I agree that photographs, pictures, slides, movies, or videos of me may be taken in connection with my participation during this program without compensation from The California Conference for Equality and Justice (CCEJ) and I consent to the use of these photographs, pictures, slides, movies or videos for any legal purposes.

4. I understand that any injuries or other harm I incur during or as a result of the Program or Activity are my responsibility to be claimed through my health plan or paid by me in the absence of a plan or plan coverage. If medical assistance is needed for me, I and my parent(s)/legal guardians authorize any necessary medical treatment and/or needed transportation to medical facilities.

5. I understand that some, but not all, of the risks may include:
   - Extreme temperature or weather conditions
   - Heat Exhaustion
   - Bruises and/or scrapes to the body
   - Bee stings and insect bites
   - Other difficult or uncomfortable conditions

6. I understand that it is my responsibility to inform, the CCEJ staff of any and all physical limitations, liabilities or injuries including, but not limited to: neck and/or back problems, heart problems, recent surgeries, pregnancy, and any other potential situations that may be affected.

7. I agree that if any claim for my personal injury, property damage or wrongful death shall be prosecuted against RELEASEES, I shall indemnify and hold harmless RELEASEES from any and all claims or causes of action by whomever and wherever made or presented in connection with my personal injuries, property damage or wrongful death. I am not an agent of RELEASEES and no oral representations or promises have been made to me to sign this Release. If any portion of the Release is held invalid, it is agreed that the balance of it shall continue in full force.

8. I have read and understand all parts of this document. I understand it is a release and waiver of all claims or rights to file a lawsuit or otherwise recover from RELEASEES, including claims of any sort for bodily injury, personal injury, property damage or wrongful death caused by negligence. I assume all risks inherent in the Activity or Program in which I will participate. I have voluntarily signed my name evidencing my acceptance of all of the terms contained in this voluntary Waiver, Release, and Assumption of Risk.

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<tr>
<th>Signature of Participant</th>
<th>Print Name of Participant</th>
<th>Date</th>
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Legal Guardian/Parent Signature if Participant is a minor
**Staffing**
In addition to camp staff who live on-site, and CCEJ staff who are in attendance throughout the entire weekend, volunteer staff* also participate at *Building Bridges*:

- **Adult Staff** are from diverse professional backgrounds and may include administrators, teachers, classified school employees and community leaders.
- **Youth Leaders** and **Youth Mentors** have previously attended the program as participants and assist the adult staff as co-facilitators.
- Licensed medical staff is on site and physicians at a nearby hospital handle medical emergencies.

*All of the volunteers have completed extensive Human Relations Education and Facilitator Training program and have had a full background clearance.

**Transportation**
Transportation is provided by the school district and students will be picked up from their school site. A school district employee will travel with the students at all times. Parents are not permitted to provide transportation.

**Cancellations**
If for some reason your student cannot attend the program, please immediately notify your high school recruiter. You may reschedule or receive a refund of your $20.00 program fee. The $5.00 application-processing fee is non-refundable.

**Behavior Guidelines and Program Rules**
CCEJ reserves the right to search belongings and cabins at any time. Possession of these items can result in immediate dismissal from the program. The camp rules also ban sexual activity, harming other people or their belongings, being out of cabins after curfew and missing meals or required sessions. **Violating the program rules may result in your child being sent home. Parents/Guardians will be required to pick up or arrange for transportation for any child dismissed from the program. Failure to comply may result in a report being filed with the appropriate law enforcement office. Please also refer to the Behavior Guidelines and Rules Agreement.**

For more information regarding the *Building Bridges* Program, contact Alex Lopez, Program Specialist at the CCEJ office at 562.435.8184 ext. 224

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<tr>
<th>EMERGENCY PHONE NUMBERS</th>
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<tr>
<td>Pilgrim Pines Camp and Conference Center</td>
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<td>California Conference for Equality and Justice:</td>
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*Parents/Guardians, please keep for your records*
Building Bridges Camp Suggested Packing List

MUST BRING:

NOTE: All luggage(s) must be labeled with student’s name, address, phone number & school name.

- Sleeping bag or sheets and blankets rolled up
- Pillow
- Towel & washcloth
- Toiletries (Toothbrush, Toothpaste, Soap, Comb, Brush, Hairdryers, etc.)
- Medicines (all medications must be given to the medical staff)
- Feminine Hygiene products
- 2 pairs long pants
- 2 T-Shirts
- 1 long-sleeved shirt
- 2 pair underwear
- 4 pairs warm socks
- 1 comfortable closed toed shoes
- pajamas
- WARM hat
- WARM jacket
- WARM gloves
- Warm Sweater or sweatshirt
- 1 pair boots (hiking)
- Flashlight

YOU CAN NOT BRING:

- *Drugs and/or alcohol
- *Tobacco and/or cigarettes
- *Gambling materials
- *Gang-related clothing
- Radios, CD/MP3 player, Video Game Equipment, etc.
- School-related clothing

*Possession of any and/or all of these items can result in your being immediately dismissed from the Building Bridges Program.

NOTE: Cell Phones are permitted, however, may not be used during any of the program activities and cellular service is limited in the mountains. **IF WE SEE OR HEAR THEM, THEY WILL BE OURS UNTIL YOU ARE BACK ON THE BUS! CCEJ IS NOT RESPONSIBLE FOR ANY LOST OR STOLEN ITEMS.**

NICE TO BRING:

- Sunglasses
- Camera & film
- Musical Instruments
- Notebook/Journal & pencil
- Cushion for sitting on the floor
- Water bottle
- Thermal underwear

NOTE: All luggage(s) must be labeled with student’s name, address, phone number & school name.