17 and older
as of July 1, 2014

1000-Yard Ocean Swim
Run – Swim – Run
10-Minute Interview

BRING SWIMSUIT, TOWEL,
SOCIAL SECURITY CARD
AND PICTURE ID

*Pursuant to Completion of Lifeguard Training Academy

SATURDAY
MARCH 15
8:00 AM
Long Beach
LIFEGUARD
BEACH OPERATIONS
2100 East Ocean Boulevard
Enter off Junipero Street to lot
(562) 570-1360
Qualifications: No prior training or experience is required
17 years of age as of July 1, 2014
Proof of age required at time of conditional employment offer (valid Driver’s License or Birth Certificate). Any applicant under 18 years of age must possess a valid work permit from his or her high school, high school diploma or G.E.D. prior to the start of the training program.

Exam Schedule:
8:00 a.m. - Briefing and Sign-up
9:00 a.m. - Ocean swim, 1000-yards
9:30 a.m. - Run-Swim-Run
12:00 p.m. - Announce candidate list for pre-employment scored oral interview
12:30 p.m. - Pre-employment interviews begin
2:30 p.m. - Pre-employee briefing

The 1000-yard ocean swim, run-swim-run, and the pre-employment scored oral interviews will determine who qualifies for the Training Program. Candidates will be taken into training after successful completion of all pre-employment forms and a medical exam.

The 8-day, 80-hour Training Program is tentatively scheduled for the following four (4) consecutive weekends: Saturday, May 10-Sunday, May 11; May 17-18; May 24-25 and May 31-June 1. Training will be from 8:00 a.m. to approximately 6:00 p.m. daily and include training in lifeguard tactics, lifeguard operations, first aid, D.O.T. first responder, cardiopulmonary resuscitation, mechanical respirators, rescue buoys, rescue boards, and timed events. Day 8 will include comprehensive written and practical testing.

Trainees must successfully complete the Training Program to continue employment and be assigned a schedule for the 2014 season. Schedules will be assigned based upon total scores accumulated during the Training Program.

Ocean Lifeguard Duties

1) Watch a designated section of the beach and water from an assigned station
2) Answer calls for help and perform rescue and resuscitation work
3) Warn bathers of beach and water hazards
4) Administer first aid, cardiopulmonary resuscitation
5) Use and maintain rescue equipment
6) Take charge of lost children
7) Answer questions of beach visitors
8) Advise regarding local beach and waterway related ordinances
9) Serve as a crewmember or ride-along on rescue boats and in lifeguard vehicles
10) Assist in salvage operations of small boats and their property
11) Complete and maintain activity records
12) Perform other related duties as required