Dear Prospective Parents and Cheerleaders,

Thank you for showing interest in joining our 2017-2018 Wilson High School cheerleading team! Please read through this entire packet (even if you are returning) as we have put together an accurate picture of what our 2017-2018 season will entail and what we expect from our cheerleaders and parents.

Cheerleading is an intense sport that will demand a great deal of time and energy from both students and parents. Unlike other sports, we do NOT have an off season and spend the entire year working hard during class and at after school practices. We dedicate 4-5 days per week during August to prepare for football season. November-February is our competition season, for which we begin learning material as early as August. Competition season will consist of 3-5 local competitions plus one trip to Las Vegas (Varsity only.) While we are in the midst of competition season, we are cheering for basketball. From March to the end of the year we will be cheering for various sports, learning material for the school’s annual “Blackout Rally” and getting ready for end of year activities.

During the whole year, we expect 100% participation. This includes practices, games, and fundraising. Our cheerleaders are high school athletes, and will be treated as any other student athlete is treated at Wilson. They will be on their best behavior and properly represent the Wilson Cheer Program at ALL times- not just while they are in a cheer uniform.

We expect these girls to learn what it means to be responsible and independent. If they have a question about something, we expect them to seek out the answer. Encourage your child to start developing positive communication skills and speak for themselves when there is any kind of issue. As students learn to solve problems for themselves they gain confidence in their own abilities and they develop the kinds of attitudes and skills that will serve them well in school and in life – patience, persistence, and a “can-do” attitude. When students solve their problems, they will take pride in their accomplishments that deepens their sense of their own capabilities. Students who haven’t been given opportunities and encouragement to work out solutions to problems by themselves can become overly reliant on others for the answers. They can also give up easily when things become too hard.

Emails are our main source of communication and will be sent all year long containing important information regarding practices, uniforms, competitions, games, and more. This year, it is their responsibility to have and check their own email, keep track of their own schedule, and communicate it with their parents. It is my suggestion that you have your student print out any calendar you need and give it to them. Forgetting there is a practice or game because they did not check their email is not an excused absence. If a student is to miss practice, it is that student’s responsibility to communicate that with one of their coaches first, and then follow with an email from their parents. Do not wait until the last minute to let us know you will be out unless it is an emergency. Cheerleading is a team sport and your team cannot function at its highest potential without all its members.

Lastly, fundraising and parental involvement is a huge part of this sport. Please be ready to participate in 100% of all our fundraisers so our team can function at its maximum potential. We do not want our students to miss out on everything we can offer.

Feel free to email Aaron Talvy with any questions you might have. Atalvy@lbschools.net

We are looking forward to an awesome year and for what it has in store for us!

Sincerely,

Aaron Talvy - Head Coach

Johanna Garcia – JV Coach

Maritza Lara - Cheer Advisor/Teacher of Record
**Wilson Classical High School**

**Try-Out Information**

**2017-2018**

---

**MANDATORY DATES**

<table>
<thead>
<tr>
<th>Applications</th>
<th>Clinics &amp; Try-Outs</th>
<th>New Team Meetings</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/6 Applications Available</td>
<td>4/3 Cheer Clinic 4:30-6:30 pm</td>
<td>4/10 Team Meeting (Cheerleaders Only!) Choral Room, 4:00- 5:15 pm</td>
</tr>
<tr>
<td>3/20 Information Meeting at 6 pm Media Center (Parents/Students)</td>
<td>4/4 Cheer Clinic 4:30-6:30 pm</td>
<td>4/12 Parent Meeting/Booster Introduction Media Center, 6:30 – 8:00pm</td>
</tr>
<tr>
<td>3/31 Due in Activities Office by 3 pm</td>
<td>4/5 Cheer Clinic 4:30-6:00 pm</td>
<td>4/26 Uniform Fitting Media Center, 3:00 - 6:30 pm</td>
</tr>
<tr>
<td><em>No late applications will be accepted!</em></td>
<td>4/6 Cheer Try-Outs 4:30-5:45 pm Small Gym</td>
<td>TBD Passdown - Date/Location</td>
</tr>
<tr>
<td></td>
<td>4/7 New Squads Posted 3:15 pm outside the Activities Office</td>
<td></td>
</tr>
</tbody>
</table>

---

**Freshman - Class of 2021:** You are invited to try-out for the Junior Varsity squad.

**Sophomores - Class of 2020:** You are invited to try-out for the Junior Varsity and Varsity squad.

**Juniors - Class of 2019:** You are invited to try-out for the Junior Varsity and Varsity squad.

**Seniors - Class of 2018:** You are invited to try-out for the Varsity squad.

**There is no prior experience necessary in cheerleading, gymnastics, or tumbling to make the Junior Varsity Squad. However, tumbling skills will better your chances to make the Junior Varsity/Varsity squad.** Please note, those who are trying out for Varsity must serve at least one year on JV. Varsity cheer starts at higher level of stunting. For safety reasons, one must possess the proper skill and strength to stunt at a higher level.

There will be one try out date for all applicants. The judges will be current/former professional cheerleaders that have 0 affiliation with Wilson High School and **will not reassemble if you miss the try-out date.** All members must try-out each year. No spots are guaranteed to anyone, including returning Wilson cheerleaders.
2017-2018 Wilson Cheerleading Contract

The following responsibilities are mandatory for all cheerleaders:

1. All mandatory cheerleading events and financial commitments outlined in the cheer application are included in this contract.
2. All cheerleaders must complete a sports packet and have it cleared and dated after July 1, 2017 but before September 1, 2017.
3. Cheerleading for Wilson sporting events is the Wilson cheerleader’s first priority for all school activities. No other Wilson activity will be an excusable reason to miss, be late to, or leave early from any Wilson sporting event.
4. Cheerleaders must come to all cheer practices and events on time, in cheer shoes, correct clothes, hair back, no jewelry and stay until the end of the event. Consequences will be arranged given the nature of the excuse and not limited to reduction of grades and/or conduct.
5. Wilson cheerleaders often wear their uniforms to school; the correct cheer uniform and cheer shoes must be worn while on campus.
6. Cheerleaders must participate in all fundraisers, unless under extreme measures that is pre-approved by the Advisor or Coach.
7. Cheerleaders must attend all Wilson sporting events designated by the Advisor/Coach. This will include but is not limited to: all football games, including CIF (even if it runs into Thanksgiving weekend), all girls and boys Varsity basketball games, including CIF (some games will be announced with only two days notice), and a selection of other sports at Wilson. (Primarily home CIF games/matches)
8. Wilson cheerleaders may compete in 3 to 5 competitions a year on the weekend and 1 traveling competition over a weekend for Varsity. There is a possibility that 1 or 2 days of school will be missed. Each cheerleader is responsible for making up all missed work in a timely manner.
9. No chewing gum during any cheer event!
10. No cell phones or MP3 players will be tolerated at any time during any cheer event. In case of emergency, parents and guardians may call the coach’s cell phone to be connected with their cheerleader.
11. No tattoos or body piercing (ears acceptable) of any type may be visual while in the Wilson cheerleading uniform. Inability to meet this requirement at any time will result in dismissal from the squad. All jewelry must be removed for all football games and competitions. (No Band-aids or tape)
12. DO NOT get any new piercing that can’t be removed prior to cheer camp, football games, competitions, etc.
13. DO NOT dye your hair to an unnatural color while in Wilson Cheer. Failure to do so will result in removal from all cheer events.
14. An unexcused absence before a performance will result in suspension from that performance and possibly future performances.
15. Scheduled appointments, i.e., dentists, doctors, psychologist, DMV, etc., knowingly made during a cheer event are not excusable reasons to miss, be late to, or leave early from any cheer practice or event unless arrangements are made with the coach.
16. Holding a part or full time job is not an excusable reason to miss, be late to, or leave early from any cheer practice or event.
17. Being a cheerleader at Wilson is a privilege for those with sufficient academic standing. Wilson cheerleaders must maintain a positive, professional attitude in the classroom.
18. All cheerleaders must enroll in cheer class to be a member of the squad.
19. All cheerleaders must maintain an academic 2.0 G.P.A., with no N’s or U’s in conduct on all report cards to be eligible to perform. Failure to meet these requirements will result in suspension from the squad until academic and conduct grades meet the requirements to cheer.
20. A grade of a “C” or lower in cheer class is considered deficient and will result in suspension from cheering at all events until the grade is raised to a “B” or better.
21. Cheerleaders are role models for Wilson students and will act accordingly at all times, even when not in uniform. Any behavior considered unsportsmanlike, lewd, or inappropriate, as determined by any Wilson staff member, may result in dismissal from the squad.
22. PDA, “Public Display of Affection”, is not acceptable at any time while in uniform.
23. At no time will possession or use of a controlled substance be tolerated. Any infraction of this rule will result in dismissal from the cheer squad. Beyond that, school policy regarding disciplinary action will also be taken.
24. All cheerleaders shall not use social media networks to access, post, submit, publish, or display harmful or inappropriate matter that depicts the use of alcohol or drugs, is threatening, obscene, disruptive, or sexually explicit, or that could be construed as harassment or disparagement of others based on their race/ethnicity, national origin, sex, gender, sexual orientation, age, disability, religion, or political beliefs. Inappropriate use of social media networks may result in a dismissal from the squad.
25. All cheerleaders are responsible for having their own email address and must check their email on a daily basis.
26. All cheerleaders must complete School Ambassador, Leadership and Reflection Packet. Details will be given in August practices.
2017-2018 Cheerleader Expectations in addition to the Contract:
If any of the mentioned requirements and responsibilities is not met, several actions may be taken, but not limited to:

1. Lower grade in cheer class.
2. Suspension from a cheer performance.
3. Suspension from a cheer event.
4. Suspension from the Wilson cheer squad.
5. Removal from the Wilson cheer squad.

Each cheerleader’s semester class grade is based on the standard scale:
A - 100-90%  B - 89-80%  C - 79-70%  D - 69-60%  F - 59% and below

Percentages will be determined by the following point system, but not limited to:

**Football Games (25 points):**
* Arrive early to set up boxes/spirit posters and stay afterwards to clean up our space.
* Before arrival, be in full uniform with appropriate shoes, hair, and accessories; gentlemen must be properly groomed.
* Participate in all cheers, dances, and routines at each event; includes holding signs and/or usage of props.
* Have poms and/or boxes ready to use for certain events, as requested, and returning them to their storage location.
* JV is not allowed to sit or talk with friends. JV is to sell spirit items in the stands or sit with the team.
* Always representing Wilson in a positive and respectful manner; YOU ARE WILSON WHEN IN UNIFORM!

**All Practices other than Cheer class:**
* Be ON TIME!!! On Time is Early; On Time is Late; Late is UNACCEPTABLE
* Participate in all stretches, conditioning, cheers and/or dances as required.
* Will not have any distractions present while at practice; includes objects or individual person(s).
* Must have appropriate clothes and shoes on at all times. Failure to do so will result in suspension for practice.
* No electronics/doing homework if sitting out for any reason; must watch and support team

**Cheer Class (10 points):**
* Be ON TIME!!! On Time is Early; On Time is Late; Late is UNACCEPTABLE
* Participate in all stretches, conditioning, cheers and/or dances as required.
* Will not have any distractions present while at practice; includes objects or individual person(s).
* Must have appropriate clothes and shoes on at all times.
* No electronics/doing homework if sitting out for any reason; must watch and support team

**Basketball Games (25 points):**
* Be present and on time to all assigned games.
* Must be in appropriate uniform at all times.
* Participate in all cheers and/or dances as required.
* Will not have any distractions present while at games; includes objects or individual person(s); with bags stored in gymnastics room or garage

**Point increases or decreases will be given for the following reasons but not limited to:**
* Making extra signs and/or posters
* Tutoring another cheerleader
* Selling spirit items at Wilson events
* Doing something especially encouraging for the squad
* Cheering at optional sporting events
* Any other actions that the coach feels appropriate
* Leaving early or arriving late to anything; even with a note
* Inappropriate behaviors while in uniform
* Rude and/or inappropriate behaviors to the coach
* Disrespect to teammates, captains, and/or coaches
* Any other actions the coach feels inappropriate
Cheer Applicant and Parent/Guardian Information

Student’s Name

Cell Phone E-mail

Birthday Class of

Parent/ Guardian’s Name

Parent/ Guardian’s Home Phone Parent/Guardian’s Cell Phone

Parent/ Guardian’s E-mail

The following items must be attached for this application to be considered complete:

- Copy of your medical insurance care or school insurance card
- Copy of 2016-17 Semester school report card (you must have an academic 2.0 GPA and no N’s or U’s in conduct)
- Proof that you will be a Wilson Student next year, making this team does not permit enrollment at Wilson, a copy of your current Wilson ID or for incoming freshman, your middle school ID and your Wilson acceptance letter.
- Parent/Guardian Permission and Commitment Form
- Cheerleader’s Promise and Commitment Form
- Two (2) Confidential Recommendations (form attached) must be completed by your teacher/coach and submitted into the WHS Activities Offices by 3/31/17 by 3:30 PM.

Signatures required:

1. Administrator’s Recommendation (Assistant Principal or Principal)
   Administrator’s Name: __________________________ Signature: __________________________

2. Guidance Counselor Recommendation
   GPA verification __________ Citizenship verification (no Ns or Us) __________
   Counselor’s Name: __________________________ Signature: __________________________

3. Wilson ASB Banker (all ASB fines are cleared) CURRENT WILSON STUDENTS
   __________________________________________ (signature required)

4. Textbook/Bookroom/Library Clearance (all fines cleared) CURRENT WILSON STUDENTS
   Textbook/Bookroom Attendant: __________________________ (signature required)
   Librarian: __________________________ (signature required)
Parent Contract

- I understand my presence at all meetings is mandatory in order to obtain all necessary information in a timely manner. Missing meetings allows other parents of the team to make crucial decisions. By not attending these meetings, I can’t have a vote in future fundraisers, events, etc.
- I understand there are major fundraisers/events that we may be responsible for volunteering at and/or driving my child to and from event. I will make arrangements with a responsible adult if I am unable to drive my child and understand that transportation is not an excuse to miss a fundraiser/event.
- I understand that we (as parents) are not always the best judge of our child’s talents and strengths and that coaches will need to consider what is best for the team when it comes to making any team decisions.
- I understand that my first means of communication will be through email and I will not abuse the fact that I have the coach’s phone number. Any issues/concerns shall be brought to the coach’s attention and a parent conference will be scheduled to address issues/concerns.
- If my child has a question about practices, uniforms, events, games, etc, my child will be in charge of contacting the coach or captain and not me. I understand that I am helping my child become a responsible person if she finds an answer on his/her own instead of making ME ask.
- I understand that my child will have her OWN email address (email and text is a primary means of communication) and will take the responsibility of checking it at least once a day. I understand that this is teaching my child how to be self-sufficient. All calendars will be sent to both parent and child.
- I understand that if there is an issue with the coach; I must contact the Advisor first.
- I understand that practices start May 2nd, June 26th after school at Wilson. The girls will have a break from then until practice resumes July 24th. The UCA cheer camp will be held in Palm Springs from August 2nd-5th. The girls will resume practice after camp. Please schedule your vacations accordingly, practices from May until camp starts are extremely important and can only be missed under extreme circumstances. Multiple absences during any of these practices may result in dismissal from the team.
- I understand that my cheerleader’s practice schedule will be rigorous throughout the entire year and I will be responsible for helping my child develop time management skills. Tutoring and too much homework are not excuses for missing after school practices and will result in lower grades.
- Cheer class is NOT an automatic “A” – absences, attire, participation will affect my student’s grade and overall attitude will affect my student’s conduct grade.
- I understand that JV and Varsity are two different teams. While they will perform at some events together, many times they will not. I understand that a Varsity cheerleader will learn more routines, have more practices, more competitions, and attend different games than a JV cheerleader.
- Practices are made around the coach’s schedule. Calendars for the next month will be given at least a week prior to the upcoming month. Practices are subject to change with little warning based on unforeseen circumstances.
- Practice times will be outside for part of the year in the winter. Please be prepared to wear warm athletic clothing and ALWAYS have proper athletic shoes.

Parent/ Guardian’s Permission and Commitment (Please initial each one.)

_____ I have read the Wilson Cheer Application and understand the time and conduct responsibilities outlined in this document.
_____ There will be one date for try-outs. The decisions of the judges are final.
_____ “Wilson Cheer” is a commitment for the entire school year 2017-2018 and includes participation at Friday night football games, some Saturday and school night events.
_____ I understand that if my student does not maintain satisfactory standing as a Wilson student or as a Wilson Cheerleader, her place on the team will be forfeited.
_____ I give permission for my child to participate in the Wilson Cheer tryouts and participate on the 2017-2018 team if selected.

Parent/Guardian’s Name

_________ ____________

Parent/Guardian Signature  Date
Cheer Applicant’s Promise and Commitment *(Please initial each one.)*

_____ I understand that I have been selected to be a cheerleader at Wilson Classical High School.

_____ I understand the monetary, time, and responsibility commitments outlined in the Wilson Cheer Contract.

_____ I understand the physical risks stated above.

_____ I promise to abide by the rules and regulations set forth by the Cheer Advisor, Principals of Wilson Classical High School, and all Wilson staff.

_____ I promise to cooperate and follow the instructions of my coaches and my elected captains; to always be prepared and to always give 100% of myself to my team.

_____ I understand the importance of a full team’s attendance and that if I am not at a cheer event the squad cannot practice or perform to its full potential. I will do my best to be at all cheer events and practices.

_____ I understand that addressing another team member’s negativity at the wrong time can be negative in itself.

_____ I understand that if I do not maintain satisfactory standing as a Wilson student or as a Wilson cheerleader that my spot on the team will be forfeited and I will not be reimbursed for any monies paid.

Student’s Name: _____________________________________________________________

Student’s Signature: ___________________________ Date: ___________________
Wilson High School Cheer Confidential Recommendation

**Cheer Applicant:** Please fill out your name and Teacher/Coach’s name/subject.

**Wilson Students:** Give this form to your Teacher/Coach.

**8th Graders:** Please give this form to your Teacher/Coach and ask them to send it to Wilson Activities Office via the school mail.

**Teachers/Coaches:** Thank you for taking the time to fill out this Confidential Recommendation for the student named below. Please return the form, **confidentially**, to Salina Stewart in the Activities Office by **Friday March 31, 2017**.

**STUDENT’S NAME:** _______________________________________________________

**TEACHER/COACH:** ________________________________ **SUBJECT:** ____________

Scale:

1 = Poor
2 = Needs Improvement
3 = Average
4 = Above Average
5 = Superior

_______ Promptness/Attendance
_______ Attitude towards fellow students
_______ Respect for authority
_______ Leadership
_______ Dependability/Responsibility
_______ TOTAL

COMMENTS
__________________________________________________________
__________________________________________________________

TEACHER’S SIGNATURE ___________________________________ Date _____________

DUE Friday March 31, 2017 TO ACTIVITIES OFFICE
Wilson High School Cheer Confidential Recommendation

**Cheer Applicant:** Please fill out your name and Teacher/Coach’s name/subject.

**Wilson Students:** Give this form to your Teacher/Coach.

**8th Graders:** Please give this form to your Teacher/Coach and ask them to send it to Wilson Activities Office via the school mail.

**Teachers/Coaches:** Thank you for taking the time to fill out this Confidential Recommendation for the student named below. Please return the form, **confidentially,** to Salina Stewart in the Activities Office by **Thursday, April 7, 2016.**

STUDENT’S NAME __________________________________________________________

TEACHER/COACH ___________________________ SUBJECT ________________

Scale:

1 = Poor  
2 = Needs Improvement  
3 = Average  
4 = Above Average  
5 = Superior

_______ Promptness/Attendance

_______ Attitude towards fellow students

_______ Respect for authority

_______ Leadership

_______ Dependability/Responsibility

_______ TOTAL

COMMENTS

________________________________________________________________________

________________________________________________________________________

TEACHER’S SIGNATURE ___________________________________ Date _____________

DUE Friday March 31, 2017 TO ACTIVITIES OFFICE